**¿Qué son las habilidades socioemocionales?**

Sopa de letras

Autorregulación

Empatía

Autoconocimiento

Atención

Bienestar

Emociones

Contención

Flexibilidad

Confianza

Asertividad

Comunicación

​Colaboración

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| K | C | E | D | A | D | I | L | I | B | I | X | E | L | F | U | A | N | I | B |
| D | O | N | X | H | A | S | E | J | E | A | G | C | V | J | Z | R | E | H | O |
| S | N | O | Y | Y | V | G | J | E | W | M | S | Z | L | C | V | B | N | A | A |
| S | T | I | D | R | T | G | A | Z | B | T | P | R | F | Y | F | I | O | Z | S |
| K | E | C | N | J | Q | N | S | X | Y | Z | L | A | D | N | K | C | I | N | E |
| K | N | A | S | D | Q | O | U | M | P | D | H | V | T | O | R | A | C | A | R |
| S | C | C | A | Q | B | Z | W | T | M | Z | S | Z | C | I | K | K | N | I | T |
| N | I | I | D | Y | C | S | G | E | P | Z | E | Q | H | C | A | P | E | F | I |
| A | O | N | W | G | D | V | O | R | I | P | S | Q | U | A | C | F | T | N | V |
| X | N | U | I | O | C | N | J | H | M | S | I | N | K | R | E | Z | A | O | I |
| R | C | M | L | F | Y | O | Q | M | O | G | W | W | A | O | L | Z | T | C | D |
| A | P | O | X | M | T | P | V | E | E | X | X | J | D | B | T | W | Y | L | A |
| I | Q | C | S | L | W | S | W | U | G | P | P | S | Z | A | N | A | H | A | D |
| I | Z | E | I | C | S | T | X | B | Y | A | P | Y | I | L | J | X | I | Y | E |
| H | L | A | U | T | O | R | E | G | U | L | A | C | I | O | N | S | S | J | Q |
| J | G | D | B | I | E | N | E | S | T | A | R | E | C | C | Q | T | M | Z | N |
| S | M | X | J | K | I | T | F | D | Y | S | V | X | S | L | T | D | A | M | Y |
| W | N | U | B | O | D | S | D | N | N | L | K | Z | J | W | Z | Y | R | G | U |
| O | R | Y | U | R | E | M | O | C | I | O | N | E | S | V | K | V | Q | A | X |
| T | I | R | A | U | T | O | C | O | N | O | C | I | M | I | E | N | T | O | C |